



2023 - 2024

# **FUTURE INTERNATIONAL SCHOOL Student Well-being Initiatives**

**Initiative: 1: Happiness Team Target** 

Advisor: Ms. Maisa/ Arabic Department

To spread happiness among the whole school (ALL staff).

Future International School has established the "Happiness Team," which provides engaging activities to the staff and students. Staff and students can be seen displaying positivity throughout the day in many ways, such as delivering small gifts and store-bought treats to the staff and their peers. The visionary behind the Happiness Team is the school's social worker, a teacher, and selected students from different grades.

At Future International School, our students' well-being is a top priority. Well-being activities are acknowledged and addressed during every class period school-wide. Well-being activities are included in all teachers' lesson plans. Teachers also plan well-being activities throughout the week to celebrate students' achievements. In addition, students are given certificates that recognize them for demonstrating their outstanding behavior in class and around the school.

**Initiative 2: I'm Responsible.** 

## Advisors: Ms. Mona/Islamic Department and Ms. Esraa/Science Department

The initiative is designed to foster positive behavior among students and cultivate strong relationships between students and teachers. Each week, students will engage in a collaborative effort to identify a specific positive behavior to focus on throughout the week.

Students are encouraged to embark on this journey toward realizing their fullest potential. Teachers are asked to cooperate with the Social Worker department to report any behaviors that may require reinforcement within their respective classes.

this initiative brings confidence and inspires positive change within our school community.

Ms. Esraa has prepared a focus tracker, which will allow students to monitor their progress throughout the week and identify areas where they may need additional support. This initiative enables us to tailor our interventions effectively and work towards sustainable solutions.







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# **Initiative 3: The Power of Expressing Gratitude**

#### Advisors: Ms. Mona/ Islamic Department

Ms. Mona and the Islamic department prepared the initiative to spread the "Power of Expressing Gratitude" initiative, which plays a crucial role in cultivating a sense of gratitude within our school community, fostering stronger connections between parents and the school.

The school extends invitations to some parents who have demonstrated exceptional support, providing us with an opportunity to express their gratitude.

Students submit their gratitude to their parents, teachers, friends, or custodial staff to their Islamic teacher by designing a thank-you card, creating a certificate of appreciation, recording a thank-you video, or writing a gratitude message.

#### Initiative 4: Think positive.

#### Advisors: Ms. Hiba bouAbabs/ Science Department.

The initiative, which targets students in grades 1-2, is a comprehensive program designed to immerse young learners in the principles of positive thinking and emotional intelligence. Through engaging activities, interactive discussions, and age-appropriate resources, students explore the importance of maintaining a positive outlook, managing their emotions, and fostering healthy relationships with peers and educators through class activities.

Ms. Hiba has prepared healthy lifestyle weekly sheets and one column called positive thinking to integrate the concepts in real-life contexts.

The initiative nurtures foundational skills early on, the initiative aims to equip students with essential tools for personal growth, resilience, and academic success.

### Initiative 5: Math well-being calendar.

Advisors: Mr. Amr /Math Department.

Math well-being calendar targets all grade levels

The classroom calendar features daily well-being checks and a merit system for positive reinforcement. Students flip the date to reflect on their emotions and earn titles like "Math Wizards", "Math Genius", "Most improved", "Positive attitude", and "Problem Solvers" for academic achievements and positive behaviors like leadership and improvement.







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